



What happens to my test results?

How do I know why I have to have this test?

As each situation is unique, a discussion with your health professional can help you develop a healthcare plan for you. It may be a blood test, Xray, or scan. Some tests are to exclude illness, others to make sure you are getting better, and some are screening tests to ensure you stay well.

Please visit <https://choosingwisely.org.nz/patients-consumers/>, this site will help you ask the right questions to help you make sure you end up with the right amount of care — not too much and not too little.

How long will it take for me to find out the result of my test?

Most results come back to the practice in 1 or 2 days; some can take 3 weeks. Your doctor, nurse practitioner or nurse will let you know if your test takes more than 1-2 days. Results will be reviewed by the health professional who requested the test as soon as possible after they have been received.

How will I find out?

- Our Patient Portal provides access to your result once reviewed and uploaded. We strongly encourage you to have access to our patient portal, please speak with our reception team.
- We do not contact you if your results are normal, but your results will be available through our patient portal. You will receive an email notification when your results are available.
- If the test is abnormal, your health provider will contact you by phone, please provide us with your latest contact details (you can check this with reception).
- If you don't have a phone or prefer to come in, we can send a letter requesting you to visit the centre.
- Test results are sometimes difficult to understand. If at any time you have not understood the explanation or have more questions, please talk to one of our nurses. If appropriate we will get a doctor to contact you.

What happens if I need or want to see a specialist?

Your doctor will refer you to a specialist for ongoing care if needed. Please discuss this with your health provider.